

  
**JOIN THE Y FAMILY**  
[ymcanyc.org/join](https://ymcanyc.org/join)



**STAY 3 MONTHS,  
GET 1 FREE!**  
\$0 JOINER'S FEE

**Become a member of the Y to work on your health goals and be a part of our supportive community.**

Discover what a Y membership has to offer including state-of-the-art fitness centers and athletic facilities, swimming pools for lap swim and family swim, group exercise classes, discounted program and camp rates, and more. Join the Y today for healthy and clean gyms!

**Join now and stay 3 months,  
get 1 free and \$0 joiner's fee!**  
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**YMCA OF GREATER  
NEW YORK**  
Where there's a Y,  
there's a way.